

# MACHEN CHAMPION

Doctoral Student in Counselor Education and Supervision  
Licensed Professional Clinical Counselor Supervisor  
Registered Play Therapist Supervisor | Certified Synergetic Play Therapist

513.935.1993 | mchampion@wiredtobloomtherapy.com | www.wiredtobloomtherapy.com

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## EDUCATION

PhD in Counselor Education & Supervision | *University of Cincinnati, August 2023 - Current*  
CACREP Accredited | School Counseling Cognate

MA in Clinical Mental Health Counseling | *Xavier University, May 2017*  
CACREP Accredited

BS in Early Childhood Education | *University of Cincinnati, April 2013*

## LICENSURE & CERTIFICATION

Licensed Professional Clinical Counselor Supervisor (LPCC-S) | E.1901239 - SUPV, *State of Ohio*  
Registered Play Therapist Supervisor™ (RPT-S™) | S3165, *Association for Play Therapy*  
Certified Synergetic Play Therapist | *Synergetic Play Therapist Institute*  
Foundational Theraplay® Practitioner | *The Theraplay® Institute*  
NMT Training Certification through Phase One Level | *ChildTrauma Academy*  
EMDR Trained (in progress) | *EMDR Consulting, EMDRIA Approved*

## AWARDS

Spirit of Play Therapy Award | *Ohio Association for Play Therapy, Spring Conference 2023*

## GRADUATE LEVEL TEACHING & SPEAKING

Champion, M. (2021, 2022, 2023, 2024 May). *Play therapy 101* [Two day graduate elective]. Counseling Department, Xavier University. Cincinnati, Ohio.

Champion, M. (2023, February). *Introduction to play therapy* [Guest speaker, Ohio for Association for Play Therapy]. Chi Sigma Iota at the University of Toledo. Toledo, Ohio.

Champion, M. (2021, December). *Incorporating neuroscience in the counseling room* [Guest lecture]. University of Cumberlands. Virtual.

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## WORK EXPERIENCE

### **Wired to Bloom Therapy & Consulting, LLC**

*Owner, Supervisor, Speaker & Therapist | June 2021 - Current*

- Provide play therapy for children ages 3 to 12 and caregiver coaching
- Provide training and consultation for mental health therapists & helping professions
- Clinical supervisor for dependently licensed therapists (LPC) and therapists pursuing the RPT credential

### **Catalyst Counseling, LLC**

*Continuing Education Coordinator & Supervising Therapist | June 2021 - May 2022*

- Create, oversee, and implement continuing education opportunities for mental health professionals
- Provide individual & group supervision for dependently licensed therapists

*Director of Training & Continuing Education | 2019 - 2021*

- Provided individual therapy for children ages 3 to 12 and parent support and coaching in an outpatient setting
- Developed and executed professional development, education, and training for school staff across multiple districts
- Coordinated in-house training for contracted therapists
- Organized and directed orientation for newly contracted therapists
- Designed marketing materials, including brochures, business cards, flyers, social media pages, and practice website
- Researched and implemented new electronic health record for the practice

*School Based Mental Health Therapist | May 2017 - May 2020*

- Collaborated with interdisciplinary team to provide wraparound support for clients
- Provided individual therapy for children ages 3 to 12 in an elementary school

### **The Children's Home of Cincinnati**

*Early Childhood Counseling Intern | January 2016 - May 2017*

- Utilized client-centered, play therapy techniques to build therapeutic alliance with clients ages 3 to 8 years old in a school based setting
- Assessed clients and provided initial diagnosis through the use of biopsychosocial assessments
- Collaborated with interdisciplinary team to provide clients with wraparound support

### **The Cincinnati Children's Hospital - Adolescent Psychiatry**

*Mental Health Specialist | August 2014 - August 2016*

- Ran therapeutic and expressive groups with patients to encourage discussion, growth, and insight
- Conducted 1:1's with a therapeutic focus
- Managed the milieu to ensure the safety and support for patients

### **First Grade Teacher at Wilmington City Schools**

*August 2013 - June 2014*

- Taught math, science, and social studies

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## CONFERENCE PRESENTATIONS

Champion, M. (2024, March). *The heart of the relationship: Child centered play therapy & the power of play* [Conference session]. Michigan Association for Play Therapy Annual Conference. Lansing, Michigan.

Champion, M. (2024, March). *Authenticity in the playroom: The importance of connecting to self in play therapy* [Conference session]. Michigan Association for Play Therapy Annual Conference. Lansing, Michigan.

Champion, M. (2024, February). *The neuroscience of play therapy: How play changes the brain* [Conference session]. Association for Child and Adolescent Counseling Conference. Virtual.

Champion, M. & Sorrentino, A. (2022, November). *Taking play to school: A play therapist's role in taking play to school*. [Conference session]. Ohio Association for Play Therapy Fall Conference. Columbus, Ohio.

Champion, M. (2022, November). *Safety circles: Fostering safety, regulation, and attunement in play therapy groups* [Conference session]. Ohio Association for Play Therapy Fall Conference. Columbus, Ohio.

Champion, M. (2022, August). *Nervous know how: Incorporating nervous system knowledge into play therapy* [Conference session]. CEYou! Mini Summer Conference. Virtual.

Champion, M. (2021, November). *Nervous know how: Incorporating nervous system knowledge into play therapy* [Conference keynote speaker]. North Carolina Association for Play Therapy Fall Conference. Virtual.

Back, L. & Champion, M. (2019, November). *The brain on play therapy: Looking at play through a neurobiological lens* [Conference session]. Ohio Association for Play Therapy Fall Conference. Columbus, Ohio.

## PROFESSIONAL WORKSHOPS

Champion, M. (2024, March). *Playfully connecting: Cultivating rapport in play therapy* [Professional workshop]. Upsilon Chi Chi chapter of Chi Sigma Iota. University of Cincinnati, Ohio

Champion, M. (2024, March). *Regulating through the senses* [Professional workshop]. Focus on Youth Annual Spring Conference. Cincinnati, Ohio.

Champion, M. (2024, February). *The neuroscience of play therapy: How play changes the brain* [Conference session]. Focus on Youth Annual Spring Conference. Cincinnati, Ohio.

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Champion, M. (2024, January). *Neurodiveristy & the classroom* [Professional workshop]. Ridgewood School. Springfield, Ohio.

Champion, M. (2023, June). *Building your roadmap: Exploring and embodying play therapy theory* [Professional workshop]. Wired to Bloom Therapy & Consulting, LLC. Mason, Ohio.

Champion, M. (2023, April). *Befriending your Brain: Teaching children & families about the brain through play* [Professional workshop]. Wired to Bloom Therapy & Consulting, LLC. Virtual.

Champion, M. (2023, March). *Regulate & relate: Soothing the downstairs brain in play therapy* [Professional workshop]. Wired to Bloom Therapy & Consulting, LLC. Mason, Ohio.

Champion, M. (2023, February). *Regulating through the senses & completing the stress cycle* [Professional workshop]. Hamilton City Schools Wellness Day. Hamilton, Ohio.

Champion, M. (2022, November). *Regulating through the senses* [Professional workshop]. Hamilton City Schools Wellness Day. Hamilton, Ohio.

Champion, M. (2022, October). *Implementing calming corners in the classroom* [Professional workshop]. Hamilton City Schools, Bridgeport Elementary. Hamilton, Ohio.

Champion, M. (2022, October). *Supporting escalated students* [Professional workshop]. Hamilton City Schools, Riverview Elementary and Hamilton High School. Hamilton, Ohio.

Champion, M. (2022 - 2023, August - May). *Supporting teachers in implementing SEL* [Professional workshop]. Hamilton City Schools. Hamilton, Ohio.

Champion, M. (2021, September). *Looking beneath the surface: The brain-body connection in mental health* [Professional workshop]. Dayton Children's Hospital, Mental Health Department. Virtual.

Champion, M. (2021 - 2022, August - May). *Trauma responsive care in education series* [Professional workshop]. Hamilton City Schools. Hamilton, Ohio.

Champion, M. (2021, August). *Play therapy 101: 2 day training* [Professional workshop]. NewPath Child & Family Solutions. Cincinnati, Ohio.

Champion, M. (2021, April). *Nervous know how: Incorporating nervous system knowledge into play therapy* [Professional workshop]. Ohio Association for Play Therapy. Virtual.

Champion, M. (2021, April). *Play matters: Neurobiology & the healing power of play* [Professional workshop]. University of Miami in Ohio, Phi Alpha Honor Society. Virtual.

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## PROFESSIONAL WORKSHOPS CONTINUED

Champion, M. (2021, January & 2022, August). *The heart of the relationship: Child centered play therapy & the power of play* [Professional workshop]. Ohio Association for Play Therapy. Virtual.

Champion, M. (2020, October). *The abc's of play therapy: Back to basics* [Professional workshop]. Catalyst Counseling, LLC. Hamilton, Ohio.

Champion, M. (2020, September). *Trauma informed practices* [Professional workshop]. Finneytown Local Schools. Cincinnati, Ohio.

Champion, M. & Wise, S. (2020, August). *Educator self care* [Professional workshop]. 1N5 State of Mind Speaker Series, Hamilton City Schools. Virtual.

Champion, M. (2019, September). *Understanding trauma & its impact* [Professional workshop]. Hamilton City Schools. Hamilton, Ohio.

Champion, M. (2019, August). *Trauma informed practices* [Professional workshop]. Edgewood City Schools. Edgewood, Ohio.

Back, L., Champion, M., & Hughes, C. (2019, April). *Favorite play therapy techniques for all ages* [Professional workshop]. Catalyst Counseling, LLC. Hamilton, Ohio.

Back, L. & Champion, M. (2019, March). *The brain on play therapy* [Professional workshop]. Catalyst Counseling, LLC. Hamilton, Ohio.

## PODCAST APPEARANCES

### **The 8 Play Personalities**

KindSight101 | October 2023

### **Practicing Wellness in Uncertain Times**

1N5 Podcast, Episode 11 | October 2020

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## PROFESSIONAL SERVICE

Vice President for the Ohio Association of Play Therapy | 2024 - 2026

Director of Outreach & Engagement for the Ohio Association of Play Therapy | 2021 - 2023

President Elect of Upsilon Chi Chi Chapter of Chi Sigma Iota | 2023 - *Current*

Association for Play Therapy Leadership Academy | 2022 *Graduate*

Synergetic Play Therapy Certification Consultant | 2022 - *Current*

Awards Committee, Association for Play Therapy | 2023, 2024

## PROFESSIONAL MEMBERSHIPS

American Counseling Association

- Association for Counselor Education & Supervision
- Association for Child & Adolescent Counseling
- Ohio Counseling Association

Association for Play Therapy

Theraplay Association

Synergetic Play Therapy

Global Association for Interpersonal Neurobiology Studies

Chi Sigma Iota International Honor Society | Upsilon Chi Chi Chapter

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## CONTINUING EDUCATION

### **Conferences**

Tristate Trauma Network 9th Annual Conference | *Hamilton, Ohio, October 2023*  
Ohio Association for Play Therapy Fall Conference | *Columbus, Ohio, November 2023*  
Annual Elizabethtown Fall Play Therapy Conference | *Elizabethtown, Kentucky, September 2023*  
Ohio Association for Play Therapy Spring Conference | *Columbus, Ohio, April 2023*  
Ohio Association for Play Therapy Fall Conference | *Columbus, Ohio, November 2022*  
Association for Play Therapy International Conference | *St. Louis, Missouri, October 2022*  
Ohio Association for Play Therapy Spring Conference | *Columbus, Ohio, April 2022*  
Creating Trauma Sensitive Schools Conference | *Houston, Texas, February 2022*  
Association for Play Therapy International Conference | *Little Rock, Arkansas October 2021*  
Annual Elizabethtown Fall Play Therapy Conference | *Elizabethtown, Kentucky, September 2019*  
Ohio Association for Play Therapy Fall Conference | *Columbus, Ohio, November 2018*  
Association for Play Therapy International Conference | *Phoenix, Arizona, October 2018*  
The International Neurosequential Model Symposium: + Bootcamp | *Banff, Alberta Canada, 2018*  
Ohio Association for Play Therapy Fall Conference | *Columbus, Ohio, November 2017*  
Association for Play Therapy International Conference | *Volunteer | Minneapolis, Minnesota, October 2017*  
Midatlantic Play Therapy Conference | *Washington DC, June 2017*  
Association for Play Therapy International Conference | *Volunteer | Louisville, Kentucky, October 2016*

### **Training Institutes**

EMDR Basic Training | *EMDR Consulting, Cincinnati, Ohio, March 2024 | 40 hours*  
Theraplay® Level 1 and MIM | *Theraplay®, West Chester, Ohio, May 2023 | 25 hours*  
Moving Beyond Trauma-Informed, 15 Part Series | *Jessica Sinarksi LPCMH, Certified Adoption Therapist, Virtual, January - June 2023 | 17 hours*  
One Foot In One Foot Out: Exploring Education Through a Synergetic Play Therapy Lens | *Synergetic Education Institute, Virtual, August 2022 - May 2023 | 20 hours*  
Synergetic Play Therapy Advanced Retreat | *SPTI, Denver, Colorado 2022 | 18 hours*  
Polyvagal Informed Therapy Master Class | *PESI, Virtual, 2021*  
Synergetic Play Therapy Certification | *SPTI, Virtual, August 2020 - May 2021 | 90 hours*  
DIR 101: An Introduction to DIR® and DIRFloortime® | *ICDL, Virtual, 2020 | 12 hours*  
TraumaPlay | *TraumaPlay & Paris Goodyear-Brown, Elizabethtown, Kentucky & Virtual | 16 hours*  
6 Day Synergetic Play Therapy Intensive | *SPTI, Denver, Colorado, 2019 | 25 hours*  
Neurosequential Model of Therapeutics Through Level 1 | *ChildTrauma Academy & Dr. Bruce Perry, virtual | 120 hours*